

SAXON CROWN NEWSLETTER



April 2016 Volume 2, Issue 1

Welcome to the newsletter. This is an (almost) quarterly newsletter to keep you updated with Club news & achievements.

WELCOME TO DAVI FERREIRA

We are delighted to welcome Davi Ferreira to Saxon Crown and Lewisham as our new full-time Head Coach. Davi joined us in March and has been busy getting to know everyone.

Davi joins us from Plymouth Leander, one of the top clubs in the country, where he was Head of Junior Development. He grew up in Brazil and Portugal and has been coaching in the UK for more than 10 years.

Davi will be coaching top squad for most of the time but will also be coaching other squads at Wavelengths on Wednesdays and Sundays and Glassmill on Mondays if you wish to see him, or you can make a specific appointment.

If you need to reach Davi, please email him at davicastanheiraferreira@gmail.com or call him on 07735 959 348

Welcome to Davi, our new Head Coach



FUTURE CHAMPS: SUNDAY 26 JUNE 2016

Entries for our Future Champs gala at Glassmill on Sunday 26 June are now open. The gala will run from 11am to 7pm at the latest and is a great gala for 13 and unders, especially those who are having their first taste of competitive swimming. There will be 50m heats and finals in every stroke and 200m Individual Medley races. Many thanks to Lewisham Council for providing free pool time for the gala.

Entry forms are available on the website. We will need lots of volunteers to help out on the day - timekeeping, marshalling the swimmers, helping on the door etc. Please contact Neil Amos if you are able to help.

NEW TIMETABLE FROM TUESDAY 3 MAY

Don't forget our new timetable starts on Tuesday 3 May. We have made a small number of changes. Check our website for details or speak to your coach.

UP AND COMING GALA DATES

2016 KENT JUNIOR LEAGUE AND ARENA LEAGUE DATES NOW OUT: Hold the dates: Kent Junior League: 11 June, 10 September, 19 November. Arena League: 8 October, 12 November, 10 December.

EUROPEAN MASTERS CHAMPIONSHIPS: In London between 25-29 May. Look out for special training events

LUTON LONG COURSE: A 50m pool meet on 14 and 15 May for those not swimming in the regionals

REGIONAL AGE GROUP CHAMPIONSHIPS: Best of luck to our swimmers competing on 7, 8, 21 and 22 May

LONDON REGION LAST CHANCE AND SPRINT MEET: Last chance to get national times on 29 May

LONDON MINI AND YOUTH GAMES: Teams will represent Lewisham at these games on 30 June and 2 July

END OF SEASON MEET AT PORTSMOUTH: Targeted at Junior, Competitive and pre-squad on 16-17 July

WELSH NATIONALS: We hope to take a team to Wales again, from 1-7 August. Speak to Matt Eady if interested

COUNTY AND REGIONAL SUCCESS

The Club had strong performances in the Kent County Championships and London Regionals Youth Championships.

At the Counties, we finished 12th overall out of 25 competing clubs and picked up 11 medals. Well done to Ione, Joshua, Luke and Mateusz for medalling.

We equalled that medal haul at the Regionals. Thirteen swimmers qualified and achieved 11 medals and 20 finalist positions. A particular well done to Luke and Joshua for becoming London champions and great medalling performances from Mateusz and Michael.

SAXON CROWN MASTERS STORM THE NATIONALS!

Congratulations to our national Masters champion Jenny Browne, clinching golds in the 50m, 100m and 200m backstroke at the British Masters championships at Sheffield on 1 April. Lauren Willcox also won three silvers and Kat Stevens and James Sharples did some big swims and PBs.



LEWISHAM PRIMARY SCHOOLS GALA

Thanks to all helpers at the Lewisham Primary Schools gala that we ran for the borough on 18 March. It had its usual thrills and spills but we hope everyone enjoyed themselves!

MEET OUR NEW LEVEL 1 COACHES

Well done to our newly qualified swimming teachers shown opposite.

Volunteers from Saxon Crown joined with Fusion staff and others to gain their Level 1 qualification in February, made possible by our grant from Lewisham Council.

Thanks to Michael Griffin for helping to organise and please look out for dates of future courses that we hope to run. Courses are open to everyone.

GALA REPORTS

Well done to all our swimmers who took part in recent meets

- We had a strong group attending the annual Redbridge meet over the weekend of 26-27 March. We grabbed 24 Golds, 20 Silvers and 24 Bronzes, making us one of the top Clubs at the Meet. A particular well done to our younger swimmers attending a weekend meet for the first time.
- A group headed North to Harrow for the last chance meet on 5-6 March and gained those all-important regional qualifying times
- Seventeen masters went to the annual Frank Rider Gala at Erith and gave a creditable performance even when up against teams calling themselves the Barbarians. Many thanks to Kelly for organising
- Joshua Monaghan Coombs swam at the British Para-Swimming International Championships in Glasgow, reaching two finals.



Contact us

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NOTE NEW EMAIL ADDRESS

We're on the Web!

Visit us at:

www.saxoncrown.org.uk

Twitter: @SaxonCrown